VIRGINIA ASSOCIATION FOR PSYCHOLOGICAL SCIENCE

At-A-Glance Conference Schedule
April 17, 2026

8:00 AM - 9:00 AM	*Registration & Breakfast*
9:00 AM - 10:00 AM	**Student Paper Session 1**
10:00 AM - 12:00 PM	Student Poster Session 1
10:00 AM – 11:00 AM	**Student Paper Session 2**
11:00 AM - 12:00 PM	**Student Paper Session 3**
12:00 PM - 1:00 PM	*Lunch* *on your own*
1:00 PM - 3:00 PM	Student Poster Session 2
2:00 PM - 3:00 PM	**Student Paper Session 4**
3:00 PM - 4:00 PM	**Student Paper Session 5**
4:00 PM - 6:00 PM	*VAPS Meeting*

STUDENT PAPER SESSIONS

Session 1

TIME	ROOM A	ROOM B	ROOM C
JUDGES		Daniel Holt (*JMU*) Alisha Marciano (*Lynchburg*)	Hilary Stebbins (*UMW*) Carrie Wilmouth (*LU*)
9:00 AM		**Does Social Support Buffer Existential Threats?** Daniel Adams & Cassidy White (advisor). *Randolph**	**Student Experiences Navigating Disability Services and Basic Needs Insecurity** Anna Garst & Caitlyn Owens (advisor) *JMU*
9:20 AM		**Using a Peeking Paradigm to Examine Social and Cognitive Predictors of Cheating in Early Childhood** Chesney Shook, Amanda Lawhorn, & Holly Tatum (advisor) *Randolph**	**Does Emotion Influence Relational or Contextual Memory?** Tabitha Potter, Emily Smith, Cadence Bartel, & Kethera Moore (advisor) *JMU*
9:40 AM		**Disrupted Learning and Critical Thinking** Noura Elkhansa, Micheala Williams, Ashleigh Dillion, & Sara Beck (advisor). *Randolph**	**Expecting More from Friends: Children Evaluate Prosocial Motives by Relationship** Em Berman & Amrisha Vaish (advisor). *UVA*

STUDENT PAPER SESSIONS

Session 2

TIME	ROOM A	ROOM B	ROOM C
JUDGES	Kethera Moore (*JMU*) Marilyn Peyton (*Liberty*)	Monica Reis-Bergan (*JMU*) Holly Tatum (*Randolph*)	Sara Beck (*Randolph*) Suzanne Baker (*JMU*)
10:00 AM	**Playing Time, Athletic Identity, and Burnout in College Athletes** Audie Shaver & Ei Hlaing (advisor) *Lynchburg**	**Helicopter Parenting and Relationship Satisfaction: Emotional Regulation and Entitlement** Victoria Smith, Lily Mizoe, Annaliese Gypson, Hannah Jadgchew, & Holly Schiffrin (advisor) *UMW**	**The Psychological and Physiological Effects of Acute Social Media Use** Noah Rimmer & Blake Fraser (advisor) *Liberty*
10:20 AM	**Relationship between Adverse Childhood Experiences and Attachment Style and Emotion Regulation in Adulthood** Carmen Nicolás Almela & Ei Hlaing (advisor) *Lynchburg**	**Eye Tracking the Propensity for Handedness-Related Memory Enhancement** Morgan Crabtree, Avery Gallahue, Ashleigh Mann, Loren Osborne, Nyah Speicher, Marcus Leppanen (advisor) *UMW**	**Neuroplasticity on the Water: Enhancing Collegiate Rowing Through Mental Training** John Paul Fryrear & Matthew Ferdock (advisor) *Liberty*
10:40 AM	**Self Versus Professional Diagnosis of Autism: Role of Masking in Mental Health Outcomes** Sophia Mantilla & Alisha Marciano (advisor) *Lynchburg**	**How Sleepiness Relates to Food Impulsivity in Restricted Eaters** Ryan Bechtol, Gabriella LaCivita, & Hilary Stebbins (advisor) *UMW**	**Experimental Investigation of How Smartphone/Social Media Use Changes Wellbeing** Emily Davis & Blake Fraser (advisor) *Liberty*

STUDENT PAPER SESSIONS

Session 3

TIME	ROOM A	ROOM B	ROOM C
JUDGES	Lindsey Harvell-Bowman (*JMU*) Virginia Mackintosh (*UMW*)	Jeff Dyche (*JMU*) Marilyn Peyton (*Liberty*)	Holly Schiffrin (*UMW*) Jessica Salvatore (*JMU*)
11:00 AM	**Influence of Expert Witness Testimony on Jurors' Decision-Making** Macy Hooper & Alisha Marciano (advisor) *Lynchburg**	**Neural Indicators of Emotional Processing in Situationships** Carolynn Ramsey, Ava Shumate, Calin Steele, Alexis Sawchuk, & Erin Palmwood (advisor) *UMW**	**Hope: A Vital Sign in Behavioral Health** Isaac Uehling, Jade Gordon, Alexis Lynkins, Kelsey Messer, & Brian Kelley (advisor) *Liberty**
11:20 AM	**Depression and Grit: Association of Academic Motivation and Satisfaction** Logan Peacock & Alisha Marciano (advisor) *Lynchburg**	**Influence of Sexual Assertiveness on Sexual Satisfaction** Frankie Wulf, Azrael Fanning, Emma Lehman, Janmeet Gujral, & Jennifer Mailloux (advisor) *UMW**	**The Effects of Digital Restriction on Psychological and Physiological Well-Being** Rachel Anderson, Andrew Gatto, Kaden Randlett, Lilianna Franke, Caroline Berghuis, & Blake Fraser (advisor) *Liberty**
11:40 AM	**Heartbeat Humanizer: Effect of a Biofeedback Display on Levels of Dehumanization within Text Communication** Luke Chapman & Holly Tatum (advisor) *Randolph**	**Moderating Roles of Caregiver-Adolescent Relationship Between Anxiety and Psychosocial Functioning** Isata Diallo, DiYana Hairston, Daniella Morales, & Madelyn Labella (advisor) *W&M**	**Relationships Among Emotional Intelligence, Emotional Reactivity, and Heart Rate Variability** Miriam Bowser & Carrie Wilmouth (advisor) *Liberty**

STUDENT PAPER SESSIONS

Session 4

TIME	ROOM A	ROOM B	ROOM C
JUDGES	Erin Palmwood (*UMW*) Jichan Kim (*Liberty*)	Jennifer Mailloux (*UMW*) Tracy Zinn (*JMU*)	Brianne Friberg (*Liberty*) Monica Reis-Bergan (*JMU*)
2:00 PM	**An Intervention to Address Misperceptions Surrounding Social Connectedness at JMU** Alexandra Bartlett, Hannah Bassett, Julia Battaglia, Tina Hedrick, Maya Kollme, Charlie Watts, & Natalie Kerr (advisor) *JMU**	**Sight Over Sound: Influence of Music and Quality on TikTok** Jade Heinbaugh & Scott King (advisor) *Shenandoah**	**Perceptions of Gender Stereotypes in Neurodivergent and Neurotypical Young Adults** Aiden Tuck, Leigha Greep, & Cassidy White (advisor) *Randolph**
2:20 PM	**Whose Abuse is More Influential?** Alexis Dobberstein & David Szwedo (advisor). *JMU**	**Empathy or Apathy for #athletementalhealth? Effects of Race and Gender** Lily Hess & Scott King (advisor) *Shenandoah**	**Peeking into Morality: The Effect of Moral Story Exposure on Young Children's Peeking During a Game** Rachel Fields, Ethan Condon, Kailee Turner & Holly Tatum (advisor) *Randolph**
2:40 PM	**Saving Lives by Creating Purpose: Utilizing an Existential Approach to Design More Meaningful Airline Safety Messages** Payton Stavalone, Brielle Lampf, & Lindsey Harvell-Bowman (advisor) *JMU**	**Accuracy or Influence? Self-Diagnosing Anxiety Through TikTok** Emmanuelle Porter & Scott King (advisor) *Shenandoah**	**Identity and Moral Values** Katelyn Scifres & Sara Beck (advisor) *Randolph**

STUDENT PAPER SESSIONS

Session 5

TIME	ROOM A	ROOM B	ROOM C
JUDGES	Kevin Conner (*Liberty*) Kala Melchiori (*JMU*)	Madelyn Labella (*W&M*) Natalie Kerr (*JMU*)	Curtis Bradley (*JMU*) Scott King (*SU*)
3:00 PM	**Why Students Choose Their Majors: Personality and Social Predictors** Skyler Teague, Peter Babineau, Emily Morris, & Sara Beck (advisor) *Randolph**	**Attitudes Toward Menstruation in Transgender/Nonbinary Menstruators Across the Lifespan** Destiny Pacchelli & Virginia Mackintosh (advisor) *UMW**	**Evaluations of Forgiveness Motivations within Familial Relationships: Which Forgiveness Motivations are Evaluated More Appropriately?** Abigayle Minger, Alexis Cobo, Juliana Sieber, Alexadra Stallard, & Jichan Kim (advisor) *Liberty**
3:20 PM	**Prayer as a Predictor of God Attachment** Levi Morgan, Hampton Still, & Blake Fraser (advisor) *Liberty*	**The Stain of Shame: Menstruation Across the Lifespan** Arianna Gutierrez, Caroline Jacobson, Destiny Pacchelli, Camille Trotta, & Virginia Mackintosh (advisor) *UMW**	**Memory Screening of College-Aged Students** Kanaan Hurst, Ella Banks, Haley Huges, & Marilyn Peyton (advisor) *Liberty**
3:40 PM			**Understanding the Links Between Screentime, Parenting Stress, Parent Mediation, and Behavior Problems in Children with Autism Spectrum Disorder** Chloe Ferrell, Maita DePersig, Kathryn Priest, Chloe DiFilippo, & Brianne Friberg (advisor) *Liberty**

STUDENT POSTER SESSIONS

Session 1

1. **When Praise Hinders: Effects of Positive Evaluation on Varsity Athletes**. Beatriz Macario Molina & Randall Young (advisor). *Bridgewater College*.*

2. **Don't Compliment Me: Effects of Positive Evaluation on College Students**. Beth Patterson & Randall Young (advisor). *Bridgewater College*.

3. **Gender Nonconformity, ACEs, and Psychological Distress: A Moderation Analysis**. Leah Mastri, Nat Gonzalez, Sarah Renz, & Madelyn Labella (advisor). *College of William and Mary*.*

4. **Personality Predictors of Issue Engagement During the 2024 Presidential Election**. Amanda Azia & Xiaowen Xu (advisor). *College of William & Mary.**

5. **Adolescent Parenting and Friendship as Predictors of Adulthood Workplace Burnout**. Stephen J. Dick, Cameron M. Piper, Joseph P. Allen, & David Szwedo (advisor). *James Madison University*.*

6. **Associations between Parent-Child Relationships, Romantic Attachment, and Self-Worth in Adulthood**. Sadaf Dalilaltojari, Nisa M. Khaldun, Joseph P. Allen, & David Szwedo (advisor). *James Madison University*.*

7. **Child-Rearing Practices on Friendship Quality and Alcohol Use in Adulthood**. Allison M. DiCarlo, Cameron M. Piper, Joseph P. Allen, & David Szwedo (advisor). *James Madison University*.*

8. **Environmental Impacts on Mental Health Outcomes in Early Adulthood**. Jada Mendez, Nisa M. Khaldun, Joseph P. Allen, & David Szwedo (advisor). *James Madison University.**

9. **Attention Checks: Differences Between Online and In-Person Data**. Berkley Smith, Emma Roberson & Kala Melchiori (advisor). *James Madison University*.*

10. **Race Impacts Avoidance & Redirection Following Discrimination**. Maximilian Frutos, Caroline Praed, Emma Robertson, & Kala Melchiori (advisor). *James Madison University*.*

11. **Sexual Orientation Shapes Avoidance, Redirection, and Confrontation (ARC) Responses to Discrimination**. Cierra N. Bolster, Autumn E. Rudick, Savannah K. Hughes, & Kala Melchiori (advisor). *James Madison University*.*

12. **Evaluating the Construct Validity of the Avoid, Redirect, Confront (ARC) Scale**. Katherine Hogan, Delia Gallagher, Camryn Blair, & Kala Melchiori (advisor). *James Madison University*.*

13. **Perceived Parental Favoritism and Disfavoritism: Associations with Depression and Entitlement**. Emma Hren & Monica Reis-Bergan (advisor). *James Madison University.**

14. **Fan Involvement & Sports Betting Behaviors in College Males**. Riley Thompson, Emma Westfall, & Monica Reis-Bergan (advisor). *James Madison University*.*

15. **Social Roles, Family Structure, and Monetary Risk-taking in College Men**. Natalia Bozyn, Keira McCabe, & Monica Reis-Bergan (advisor). *James Madison University*.*

16. **The Role of Semantic Relatedness in Proper Name Retrieval**. Kasey Blakley, Cadance Bartel, Art Beqiraj, & Kethera Moore (advisor). *James Madison University*.

17. **Nobody Understands My Pain: How Chronic Pain and Access to Care Shape Wellbeing and Meaning in Life**. Sulayman Haq, Mia Godfrey, Emily Arthur, Evanlyn Hess, & Lindsey Harvell-Bowman (advisor). *James Madison University*.*

18. **Sweet Beginnings, Bitter Ends: Can Manipulating Time Perspective Enhance Savoring?** Noel Aldrich, Kiersten Culleton, Angel Enfinger, Victoria Ibarra, Katie Ogilvie, Emily Simon, & Jaime Kurtz (advisor). *James Madison University*.*

19. **Impact of Multicultural Experiences on Intercultural Competence, Social Connectedness, and Human Flourishing Among College Students**. Dara Huamanchumo, Isabel Deitch, Stephen Ellison, Alana West, & Kevin Conner Wayne (advisor). *Liberty University*.*

20. **Helicopter Parenting and Relationship Quality: Roles of Attachment and Communication**. Hannah Jadgchew, Annaliese Gypson, Lilith Mizoe, Victoria Smith, & Holly Schiffrin (advisor). *University of Mary Washington*.*

21. **Impact of Structured Retrieval Practice on Caregiver Confidence, Stress, and Well-Being: A Dementia Care Partner Intervention**. Haley Davis & Robert Ariel (advisor). *Virginia Wesleyan University*.*

22. **Does Structured Retrieval Practice Enhances Knowledge Acquisition and Retention in Dementia Care Partners: Preliminary Findings**. David Feliciano & Robert Ariel (advisor). *Virginia Wesleyan University*.*

23. **Translating Knowledge into Practice: Structured Retrieval Practice for Dementia Behavioral Symptom Management and Intervention Acceptability**. James Cromwell Young & Robert Ariel (advisor). *Virginia Wesleyan University*.*

POSTERS	JUDGES
1 – 8	Robert Ariel (*VWU*) Marcus Leppanen (*UMW*)
9 – 15	Bonnie Bowers (*Hollins*) Brian Kelley (*Liberty*)
16 – 23	Robin Hopkins (*Mary Baldwin*) Randall Young (*Bridgewater*)

STUDENT POSTER SESSIONS

Session 2

1. **Marijuana Use, Social Connection and Bonding Experience in Emerging Adulthood**. Aerowyn LaComa & Bonnie Bowers (advisor). *Hollins University*.*

2. **The Effect of Music on Passionate Love**. Mila Reynolds-Saint, Seung-Hee Han, & Bonnie Bowers (advisor). *Hollins University*.*

3. **Education on Early Menstruation and Self-Esteem**. Olivia Olson, Seung-Hee Han, & Bonnie Bowers (advisor). *Hollins University*.*

4. **Conch Gone? Identifying Cultural Preservation through Culinary Menu Analysis**. Adiah Saunders & Bonnie Bowers (advisor). *Hollins University*.*

5. **Self-Silencing and Psychological Distress in Women's Same-Gender Relationships**. Arden Kiely & Bonnie Bowers (advisor). *Hollins University*.*

6. **The Effects of Gender Identity and History on Hiring Discrimination**. Daniel Parsons, Katherine Murray, Inti Mooney-Guerra, & Tracy Zinn (advisor). *James Madison University.**

7. **Ethnocultural Empathy and Social Justice Behaviors in Psychology Majors**. Cayden Chitwood, Ella Young, Andrew Garlock, Victoria Reinhardt, & Tracy Zinn (advisor). *James Madison University*.*

8. **AI Use and Comfort Differences Between Korean and US Students**. Victoria Reinhardt, Jane Starling, Ella Young, & Tracy Zinn (advisor). *James Madison University*.*

9. **Goal Orientation, Growth Mindset, & AI Use in Psychology Seniors**. Jane Starling, Ann Marie Novinger, Katherine Murray, Inti Mooney-Guerra, & Tracy Zinn (advisor). *James Madison University*.*

10. **Algorithmic Literacy and AI Use in Psychology Students**. Inti Mooney-Guerra, Cayden Chitwood, Andrew Garlock, Quinn Distler, & Tracy Zinn (advisor). *James Madison University*.*

11. **Pews to Polls: Gender, Religion, and Consequences for Political Attitudes**. Zachary Ginsberg & Benjamin Blankenship (advisor). *James Madison University*.*

12. **From Attachment to Enforcement: How Place Identity Predicts Support for Immigration Enforcement**. Zach Ginsberg, Victoria Amaya-Rodriguez, Emma Grant, & Benjamin Blankenship (advisor). *James Madison University*.

13. **Stable Places, Strong Positions: Place Identity and Foreign Conflict**. Hana Mahyoub, Victoria Amaya-Rodriguez, Skylar Curran, Kieran Martin, Twinkle Shah, & Benjamin Blankenship (advisor). *James Madison University.*

14. **Politics of Pity: Essentialism and Race on Foreign Atrocity Opinion Formation**. Hana Mahyoub & Benjamin Blankenship (advisor). *James Madison University*.*

15. **Caffeine Desensitizes Conditioned Responding Reactivity to US Magnitude Change**. Jack Giroux, Kaylin Carsey, Amelie Beckett, & Curtis Bradley (advisor). *James Madison University*.*

16. **Exploring Relationship of Caffeine & Incentive Salience in Female Rats**. Gia Schmidt, Anna Vayo, Amarzaya Altankhuyag, Holden Williamson, & Curtis Bradley (advisor). *James Madison University*.*

17. **Exploring the Role of US Magnitude on Incentive Salience Attribution**. Gavin Short, Sofia Yeshtokina, Emily Wesley, Jackson Feysa, & Curtis Bradley (advisor). *James Madison University*.*

18. **Ethical Reasoning as a Skill: Examining Components of Everyday Decision Making**. Bridgette Ertel & Daniel Holt (advisor). *James Madison University.**

19. **Understanding Moral Blind Spots: A Signal Detection Story**. Jack Flanagan, Katie Bridges, & Daniel Holt (advisor). *James Madison University.**

20. **The Relationship Between Everyday Awareness of Wildlife and Psychological Wellbeing**. Maggie Allen, Brooke Boynton, Alaina Ratcliffe, Sydney Jensen, Ava Dirth, Jane Starling, & Suzanne Baker (advisor). *James Madison University*.*

21. **Examining Sleep and Health Risk Behaviors in a College Population**. Emma Puckett, Kasey Blakely, Ann Novinger, Layla French, Josie Smith, Sophia Lillis, Madison Brewer, Michael Borja, & Jeff Dyche (advisor). *James Madison University*.*

22. **Psychotropic drugs on views of mental health and medication adherence**. Caroline Edmonson, Christopher NEale, & Ei Hlaing (advisor). *Lynchburg University*.*

23. **Performance-Contingent Versus Participation-Contingent Grading on Efficacy of Retrieval Practice**. Jonah Thomas & Robin Hopkins (advisor). *Mary Baldwin University*.*

24. **Stereotypes About Generational Groups: Initial Evidence from College Students**. Andrew Eddy, Dakota Tolley, Emily Hoder, & Jessica Salvatore (advisor). *James Madison University*.

POSTERS	JUDGES
1 – 8	Blake Fraser (*Liberty*) Miriam Liss (*UMW*)
9 – 16	Ei Hlaing (*Lynchburg*) Holly Tatum (*Randolph*)
17 – 24	Sara Beck (*Randolph*) Jennifer Mailloux (*UMW*)

**All student authors on the paper were undergraduates at the time the project was performed*.