

April 1-2, 2022
11.5 hours CE Credit

Staunton, VA
Hotel 24 South



**You are invited to the Virginia Academy of Clinical Psychologists
SPRING CONVENTION- IN PERSON- April 1-2**

Please join us for VACP's Spring Convention, April 1st and 2nd, 2022, in Staunton, Virginia. The theme of the 2022 conference is the creation of space for assessment throughout the diversified field of psychology. As we know, the psychology field is vast and continuing to grow and become more diverse. The VACP strives to continue to accommodate these changes. This theme invites contributions focused on assessment challenges such as competence, multimethod approaches, resource-seeking, ethics, state regulations, and incorporating assessment technologies. This theme also invites contributors to present research and practice on assessment related to tackling aspects of diversity and culture. The goal is for attendees to gain awareness and competencies of evidence-based practices to inform decision-making and implications for equality and inclusion shaped or influenced by assessment. We are thrilled to have an outstanding program of presenters, including speakers from the board of psychology, presenting on regulation changes, with a particular focus on the standards of practice.

The pandemic continues to be a source of tension for many; as the conference approaches, we will continue to monitor the CDC guidelines and guidance from the Virginia Department of Health and follow recommended prevention strategies, including masking, physical distancing, and hygiene.

Thank you to all of our presenters, VACP staff, and board members for creating a space for continued growth. I hope to see you there.

*-Ridjie Chery, Psy.D., LCP, Chair Continuing Education
Clinical Psychologist at Alicia's Place*

HOTEL ROOM RESERVATIONS

\$129.00* / night

Rates Available March 31-April 2, 2022

All guestroom rates are subject to state and local taxes, currently 12%. Discounted room rates available until March 10, 2022.

Call 540-885-4848 and mention VACP to make your reservations, or visit www.vapsych.org/hotel to make your reservations online.

CONFERENCE REGISTRATION FEES

- VACP Member - \$275
- Non-VACP Member - \$375
- VACP or VAPS Student - \$25
- VAPS Member - \$75

\$25 Late fee for **all** registrations received after March 10, 2022

REGISTRATION DEADLINE
March 23, 2022

REGISTER ONLINE AT
<http://www.vapsych.org/spring2022>

SCHEDULE OF EVENTS

THURSDAY, March 31

6:30 pm – 9:30 pm Board of Directors Dinner Meeting

FRIDAY, April 1

8:00 am – 9:00 am	Registration & Continental Breakfast	
8:45 am – 9:00 am	Welcome and Announcements	
9:00 am – 12:00 pm	Student Papers - Sessions 1 & 2	
9:00 am – 10:30 am	Course 1: <i>Board of Psychology Conversation Hour</i>	1.5 hours CE credit
10:00 am – 12:00 pm	Student Poster Sessions - Session 1	
10:30 am – 12:30 pm	Course 2: <i>Evidence-based Assessment and Treatment of Patients with Co-occurring Medical and Psychological Conditions</i>	2 hours CE credit
12:30 pm – 1:30 pm	VACP Luncheon and General Membership Meeting	**Restricted to VACP Members
1:00 pm – 3:00 pm	Student Poster Sessions - Session 2	
1:30 pm – 3:30 pm	Course 3: <i>Understanding & Managing Functional Medical Disorders in the Mental Health Office: When is Real - Not Real - But Still Real</i>	2 hours CE credit
2:00 – 4:00 pm	Student Papers - Sessions 3 & 4	
3:30 pm – 4:00 pm	Break	
4:00 pm – 5:00 pm	Course 4: <i>Ethical Considerations for Assessing Medical Decision-Making Capacity: Recommendations for Inclusive Practices</i>	1 hour CE credit
4:00 pm – 6:00 pm	VAPS Meeting	
5:00 – 6:00 pm	VACP Member Reception	**Restricted to VACP Members
<i>Dinner on your own</i>		

SATURDAY, April 2

8:00 – 9:00 am	Registration & Continental Breakfast	
8:45 – 9:00 am	Welcome and Announcements	
9:00 – 10:00 am	Course 5: <i>Effective Discipline Develops Enjoyable Child Behavior</i>	1 hour CE credit
10:00 - 10:30 am	Break	
10:30 – 12:30 pm	Course 6: <i>Multimethod Personality Assessment and "Ordinary" Clinical Work</i>	2 hours CE credit
12:30 – 1:30 pm	Lunch	
1:30 – 3:30 pm	Course 7: <i>Forensic Psychology in Virginia: A Primer</i>	2 hours CE credit

Refund Policy: Before March 10, full refunds will be provided upon written request. After March 10, no refunds will be provided for any reason.

Special Dietary Needs: Any member with special dietary needs must contact the VACP office by March 10 so that we may accommodate your request.

ADA Compliance: Any member needed additional assistance in order to take part in the conference is asked to notify the VACP Central Office by March 10 with any necessary accommodations so that VACP may try to make any necessary arrangements.

General Membership Notice: In accordance with the VACP Bylaws, the membership of VACP will gather on Friday, April 1st to conduct business on behalf of the organization. All members in good standing are invited to attend.

Course 1: Board of Psychology Conversation Hour

Members and Staff from the Virginia Board of Psychology will hold a conversation hour focusing on issues of importance for VACP members, including the newly approved updates/changes to the regulations, with particular focus on the Standards of Practice section. Questions from the audience will be encouraged and incorporated into the presentation.



Qualifies for
Ethics Credit

Objectives:

- After the presentation, participants will be able to describe at least three significant issues being discussed/considered by the Virginia Board of Psychology.
- After the presentation, participants will be able to outline the major changes to the Regulations Governing the Practice of Psychology in Virginia.

Presented by: J.D. Ball, Ph.D., ABPP is a clinical psychologist who currently serves as Vice-Chair of the Board of Psychology and Chair of its Regulatory Committee. As Professor Emeritus of Psychiatry and Behavioral Sciences at Eastern Virginia Medical School, he has extensive prior experience in the delivery of pediatric neuropsychology services, as an instructor and supervisor of clinical psychology graduate students and interns, as an administrator and program director within EVMS, and as an investigator on many clinical research studies, including some 50 peer-reviewed publications. He is currently Editor-in-Chief of Perceptual and Motor Skills, and he is continuing his longstanding service of several decades as a member of the Board of Trustees for Chesapeake Bay Academy, a small K-12 independent school for neuro-divergent students. He was Editor of VACP's Psychogram for several decades, and he has held several prior terms in various roles on VACP's Executive Council.



Jaime Hoyle is the Executive Director for the Virginia Boards of Counseling, Psychology, and Social Work. Before moving to this role in 2015, she was appointed by Governor Terry McAuliffe as the Chief Deputy Director for the Virginia Department of Health Professions. A native of Alabama, Jaime moved to Boston and graduated from Boston College in 1997, and received her law degree from the University of Richmond, T.C. Williams School of Law in 2000. Always interested in policy and government, Jaime spent the majority of her career working as a staff attorney in the legislative branch of the Virginia General Assembly. She began her career at the Virginia State Crime Commission, where she focused on domestic violence issues and staffed the Sex Offender Task Force. Seeing the intersection between crime and mental health piqued her interest in behavioral health care. When the opportunity arose, she then took a position as a senior staff attorney to the Virginia Joint Commission on Health Care, where she focused on behavioral healthcare and health workforce issues.



Peter L. Sheras, Ph.D., ABPP is a practicing clinical psychologist and Professor Emeritus in the School of Education and Human Development at the University of Virginia where he served and the Chair of the Department of Human Services and Director of Clinical Training in the Clinical and School Psychology Program. He is the author or co-author of 9 books and numerous articles and chapters on adolescents, parenting stress, violence, bullying, and advocacy. Most recently he taught courses at UVA on the Science of Happiness, Leadership and Adolescent Boys, and Ethics in Psychology. He and his wife publish and practice in the area of relationships and couples. He is a member of the Virginia State Board of Psychology and is Chair-Elect of the Policy and Planning Board of the American Psychological Association. He is a Past President of the Virginia Psychological Association, APA Divisions 31 and 46, and Past Chair of the APA Board of Educational Affairs (BEA) and the APASI Committee for the Advancement of Professional Practice (CAPP now sunset). He served as the mental health coordinator for his local Red Cross Chapter for 10 years and as a federal advocacy coordinator for his state association. He was co-founder of his local School Crisis Network and Past Chair of the Region Ten Community Services Board.



James L. Werth, Jr., Ph.D., ABPP is a Licensed Clinical Psychologist in Virginia, is Board Certified in Counseling Psychology (American Board of Professional Psychology), and is a Fellow of the American Psychological Association. He has been a member of the Virginia Board of Psychology since late 2014 and currently serves as Chair of the Board. He is CEO of Tri-Area Community Health, a Federally Qualified Health Center (FQHC) serving Southwest Virginia (SWVA). Prior to coming to Tri-Area, he was the Behavioral Health and Wellness Services Director and Black Lung Program Director for Stone Mountain Health Services (another FQHC in SWVA); and prior to that, he was the founding Director of the Radford University Doctor of Psychology Program in Counseling Psychology, which has emphases on rural mental health, cultural diversity, social justice, and evidence-based practice.



Course 2: Evidence-based Assessment and Treatment of Patients with Co-occurring Medical and Psychological Conditions

Clinical Psychologists working in Academic Medical Centers provide evidence-based assessment and intervention for patients with a wide range of co-occurring medical and psychological conditions. These medical conditions include chronic pain, cancer, weight management, and adjustment to chronic illness (e.g., transplant, cardiovascular disease, cystic fibrosis, diabetes). Additionally, during the Covid-19 pandemic clinical psychologists working in the Academic Medical Center setting have been called upon to provide intervention for patients with Covid-19, as well as frontline members working with these patients. Regardless of specialty or practice setting, all clinical psychologists are likely to encounter patients with medical conditions that impact their psychological functioning. The primary goal of this presentation is to review the evidence-based assessments and interventions for 1) chronic pain, 2) psycho-oncology, 3) weight management, 4) adjustment and management of chronic illness, and 5) Covid-19.

Objectives:

- Increase understanding of several high base rate medical conditions and the impact on psychological functioning
- Identify evidence-based psychological assessment and intervention techniques for use with patients with a variety of medical conditions.

Presented by: Joanna Yost, PhD, is a licensed clinical psychologist and Assistant Professor in the Department of Psychiatry and Neurobehavioral Sciences at the University of Virginia School of Medicine. She directed the Behavioral Emergency Response Team (BERT) and co-directs the Behavioral Medicine Consultation-Liaison (CL) service at UVA Health. She also provides brief evidence-based interventions in the UVA Behavioral Medicine Center and the UVA Emily Couric Clinical Cancer Center. She is a member of several professional organizations and serves on the board of directors as the Social Media Chair for the Association of Psychologists in Academic Health Centers (APAHC) and is a member of the Continuing Education Committee for VACP. Her research interests include behavior management in acute care settings and behavioral emergencies.



Heather Bruschwein, PsyD is a licensed clinical psychologist and Assistant Professor in the Department of Psychiatry and Neurobehavioral Sciences at the University of Virginia School of Medicine. She provides psychotherapy in the UVA Behavioral Medicine Center and also works with the UVA cystic fibrosis and organ transplant teams. She is a Member at Large for the VACP Board of Directors and also chairs the VACP Political Action Subcommittee (PAC). Her research interests include mental health and cystic fibrosis, mental health and transplant, and telehealth.

Casey E. Cavanagh, PhD, is a licensed clinical psychologist and Assistant Professor in the Department of Psychiatry and Neurobehavioral Sciences at the University of Virginia School of Medicine. She co-directs the Behavioral Medicine Consultation-Liaison (CL) service at UVA Health, provides brief evidence-based interventions in the UVA Behavioral Medicine Center, and also works with the UVA organ transplant teams. Her research interests include patient-centered care and communication, especially among patients with cardiovascular disease. She is a member of several professional organizations and is the Communications Director for the Cardiovascular Special Interest Group of the Society of Behavioral Medicine.



Virginia Andersen, Ph.D., is a licensed clinical psychologist and an Assistant Professor of Psychiatry and Neurobehavioral Sciences at the University of Virginia School of Medicine. Clinical activities include individual psychotherapy in the Behavioral Medicine Clinic, pre-surgical evaluations for psychological preparedness for bariatric surgery, and individual and group psychotherapy interventions in the UVA Ryan White Clinic. She is a member of VACP, Division 38 of APA, and the Association for Psychologists in Academic Health Centers (APAHC). Research interests include mental health and HIV and mental health and outcomes in bariatric surgery populations.

Lori Urban, PsyD, ABPP is an Assistant Professor at the University of Virginia School of Medicine in the Pain Management Center and is board certified in Clinical Health Psychology. Dr. Urban currently provides clinical services (evaluations and therapy) to individuals throughout the lifespan who experience chronic pain from a variety of sources/conditions. Her special interests include complex pain presentations and the use of self-regulation and mindfulness techniques. Dr. Urban also provides education and observational experiences for physicians in the UVA Pain Management Fellowship program and has presented lectures and continuing education on pain psychology topics for the Virginia Pain Society, APA, and other institutions. She is a member of APA Divisions 38 and 54, VACP, and the International Association for the Study of Pain (IASP), as well as serving on APA's Division 38 membership committee and UVA's Opioid Task Force. Previous accomplishments include having developed the Pediatric Interdisciplinary Pain Program for children and adolescents for the Peyton Manning Children's Hospital in Indiana and having authored a chapter on alternative treatments for comorbid opioid use disorder in chronic pain.



Course 3: Understanding & Managing Functional Medical Disorders in the Mental Health Office: When is Real - Not Real - But Still Real

This Workshop will educate attendees concerning the conditions such as Functional Neurologic Disorder (FND, Functional Speech Disorder (FSD) and Functional Visual Disorder (FVD) in the context of traditional mental health diagnoses of Conversion and Somatization disorders, as well as Malingering. For many patients, their condition is one of marked disability. While there is a minority who are malingering, the larger portion of this group find that their lives are severely disrupted. They may lack the mental health resources to manage life's problems. These conditions account for ~ 1/3 of outpt. neurology visits.

Objectives:

- Acquire an understanding of how traditional diagnoses such as Conversion DO and Somatization DO are considered by medical specialists (e.g. FND).
- Acquire an understanding of how subjective symptoms differ from objective symptom data and how each may have a role in differential diagnosis.
- Acquire an understanding of the need for boundary setting in the management of Functional Disorders, and what therapeutic management approaches to consider.

Presented by: Edward A. "Ted" Peck III received his MS & PhD degrees from Tufts University and is Board Certified in Clinical Neuropsychology ABPP-Cn). He was twice named to the Virginia Board of Psychology. Currently, he is the chair of Professional Rules & Ethics Committee for the Virginia Academy of Clinical Psychology. His full-time private practice (Neuropsychological Services of Virginia) is in Richmond, Virginia.



Dr. Stephanie Bajo is a board certified neuropsychologist and an Assistant Professor at the University of Virginia Department of Psychiatry and Neurobehavioral Sciences. Dr. Bajo's outpatient clinic offers cognitive testing for individuals with a wide range of neurological, medical, and co-morbid psychiatric conditions, with primary clinical interests in the areas of concussion/TBI, epilepsy, and infectious disease. She also provides psychodiagnostic evaluations through an inpatient consult service line for patients newly diagnosed with non-epileptic seizures (NES) while admitted to the UVA Epilepsy Monitoring Unit (EMU). Through this inpatient work, Dr. Bajo developed greater interest in the diagnosis, assessment, and treatment planning for individuals with Functional Neurological Disorders and she hopes to expand her work in this area.



LODGING INFORMATION:

HOTEL 24 SOUTH

24 S Market Street ■ Staunton, VA 24401

\$129.00* / night

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***All guestroom rates are subject to state and local taxes, currently 12%.**

Course 4: *Ethical Considerations for Assessing Medical Decision-Making Capacity: Recommendations for Inclusive Practices*

Qualifies for
Ethics Credit

This presentation will focus on the ethical importance of accurately assessing medical decision-making capacity when working with individuals with disabilities and chronic health conditions. Presenters will also discuss recommendations for appropriate accommodations both for the assessment process and for maximizing individuals' ability to participate in their medical decisions. The presentation will include an overview of evidence-based criteria for assessing capacity and highlight collaborative practices to promote independence and choice. Specific recommendations will be offered for working with individuals with communication and cognitive challenges as well as ways in which rehabilitation psychologists can partner with other disciplines and providers to include patients and honor their values and preferences. Evidence-based guidance will be reviewed and specific recommendations offered to provide attendees with tools to implement in their practices.

Objectives:

- List the primary criteria to consider when assessing decisional capacity
- Identify accommodations for maximizing individuals' ability to participate in their medical decisions

Presented by: Suzzette M. Chopin is a Board Certified Rehabilitation Psychologist. She specializes in acquired and traumatic brain injury at the Central Virginia VA Health Care System in Richmond, where she serves as training director for the APA-accredited postdoctoral fellowship in rehabilitation psychology. Dr. Chopin is also the Treasurer of the American Board of Rehabilitation Psychology. She completed her PhD at Virginia Commonwealth University and an MBA at the University of New Orleans.



Thomas Campbell is a Board Certified Rehabilitation Psychologist. He graduated from VCU with a PhD in Clinical Psychology in 2008. He currently works as the Psychology Training Director and Rehabilitation Psychology Program Manager at the Central Virginia VA Health Care System in Richmond, Virginia. His clinical and research focus areas include various aspects of traumatic brain injury.

Course 5: *Effective Discipline Develops Enjoyable Child Behavior*

Parent and teacher's disciplined use of behavioral techniques can result in comfortable living environments. Increasing the reinforcement value of caretakers and identifying what is maintaining undesirable behaviors are prerequisites before using Time Out and other behavioral techniques for decreasing "what you don't want."

Objectives:

- What are some ways of increasing the reinforcement value of caretakers?
- What are some ways of increasing the effectiveness of Time Out?

Presented by: Dr. Ed Tiller earned his Ph.D. from the University of Tennessee. He has worked in a wide variety of settings including as faculty in the Psychology Department at the University of Richmond, Director of the Children and Youth Division at Eastern State Hospital, Director of Psychological Services at Peninsula Psychiatric Hospital, Senior Clinical Services Consultant at HCA Psychiatric Company and is the founder and director of Williamsburg Centre For Therapy. He has provided training in Cognitive-Behavioral techniques to parents in clinical and home settings and to clinicians in Virginias' Child Development Centers. While at the University of Richmond he developed and taught Managing Student Classroom Behavior and Individualizing Instruction to teachers and principals. He has enhanced student classroom behavior through training teachers to effectively use behavioral techniques in various academic settings, from Richmond to Tidewater VA, from preschool to senior high school, private and public schools, special ed to regular ed and the Juvenile Justice System. He is the current President of the Virginia Academy of Clinical Psychologists.



Course 6: Multimethod Personality Assessment and "Ordinary" Clinical Work

Competence in psychological testing is arguably what most clearly distinguishes clinical psychologists from other mental healthcare providers. Nevertheless, clinical psychologists are using psychological testing less now than they ever have, particularly in their work with "ordinary" psychotherapy patients. I will present research findings and case examples to demonstrate the utility of routine psychological assessment. I will also present a detailed case study of a young adult male who completed a psychological test battery (including WAIS, projective drawings, Rorschach, TAT, MMPI, etc.) and a follow-up test battery 15 years later. The case will illustrate important clinical concepts, including the value of multimethod assessment, subintentioned suicide, and the stability of personality.

Objectives:

- Appreciate the utility of psychological assessment in routine practice.
- Understand the importance of multimethod psychological assessment.

Presented by: Glenn Sullivan, Ph.D., is a clinical psychologist in private practice in Lexington, Virginia. His clinical specializations include psychological assessment, forensic evaluation, and individual psychotherapy. Dr. Sullivan is a professor of psychology at the Virginia Military Institute, where he has taught since 2006. He is the recipient of VMI's Distinguished Faculty Award and the Thomas Jefferson Teaching Award. Dr. Sullivan earned his Ph.D. in clinical psychology at the Pacific Graduate School of Psychology, Palo Alto, California. He completed his predoctoral internship at the San Francisco Veterans Affairs Medical Center, and a postdoctoral residency in post-deployment mental health at the Veterans Affairs Medical Center in Salem, Virginia. Dr. Sullivan is the co-author of *The Suicidal Patient: Clinical and Legal Standards of Care* (3rd ed.), published by the American Psychological Association, and co-editor of the *Handbook of Military and Veteran Suicide*, published by Oxford University Press.



Course 7: Forensic Psychology in Virginia: A Primer

Forensic psychology is a burgeoning area of psychological practice in Virginia. Clinicians may find themselves interested in exploring how they may contribute to, or benefit from, forensic psychology as an area of work. Knowing how to become a part of this system is not only best practices, but it is also required by Virginia law (in certain circumstances). Clinicians are also increasingly faced with situations and patients who are part of the forensic system, requiring additional knowledge and resource-seeking in order to provide services in line with best-practices. This presentation is designed to assist clinicians with understanding not only the differences between clinical and forensic psychology, but also providing guidance and education about the forensic system in Virginia, and how clinicians can become involved and seek out guidance as needed when faced with situations with a clearly forensic bent.

Objectives:

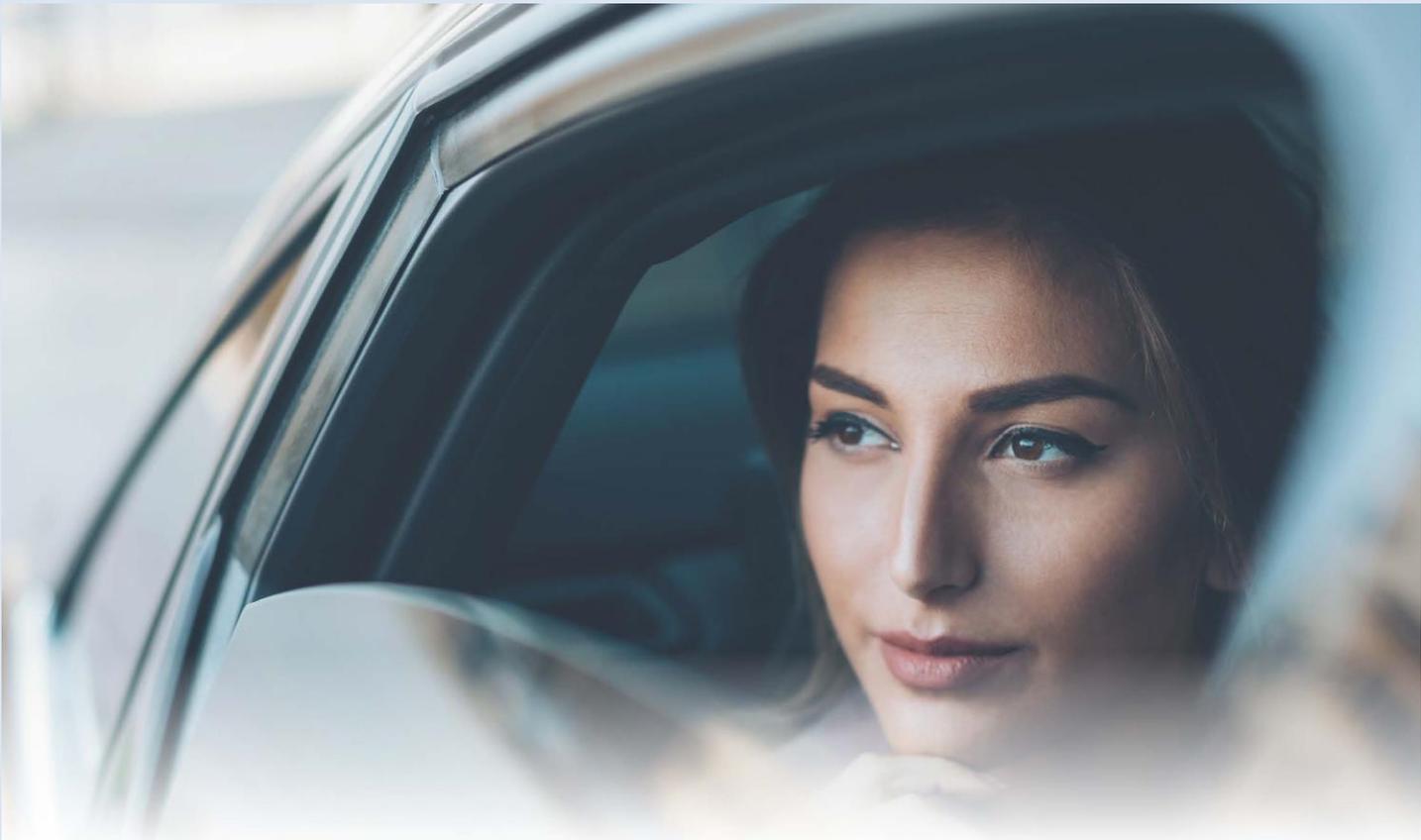
- Describe the differences between clinical and forensic psychology.
- Describe the forensic system in Virginia, and be able to access resources for guidance and training to support their interest in this area of specialization.

Presented by: Natalie (Tallie) Armstrong, Ph.D., Central State Hospital
Dana L. Formon, Ph.D., Central State Hospital
Helen Greenbacker, Psy.D., Central State Hospital
Skylee Campbell, Psy.D., Central State Hospital

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VACP

Virginia Academy of Clinical Psychologists



Register Online or complete and return the form below.

___ **\$275 VACP Member General Registration** - Includes all CE, Friday and Saturday breakfasts, Friday and Saturday lunches, and Friday reception.

___ **\$375 Non-VACP Member General Registration** - Includes all CE, Friday and Saturday breakfasts, and Saturday lunch.

___ **\$25 Student General Registration (Undergraduate and Post-Graduate)** - Includes Friday breakfast (Registration is required of ALL students attending the conference. Registration is valid *Friday only* and does not include any VACP Courses. If student members desire to take courses, please register as a Non-VACP Member). VAPS membership is a separate fee that must be paid directly to VAPS.

___ **\$75 Virginia Association for Psychological Science Members (VAPS)** - Includes Friday breakfast (Registration is required of ALL VAPS members attending the conference. Registration is valid *Friday only* and does not include any VACP Courses. If VAPS members desire to take CE courses, please register as a Non-VACP Member)

Attendee Name: _____ (Will be used for Name Badge)

Dietary / ADA Considerations: _____ (Please submit by March 10)

Check off all events you will attend. Please see registration descriptions above for which events are included.

___ Friday Breakfast

___ Saturday Breakfast

___ Friday CE Presentations

___ Saturday CE Presentations

___ Friday VACP Membership Luncheon (must be a VACP member)

___ Saturday Lunch

___ Friday VACP Reception (must be a VACP member)

___ **\$25 Late Fee (Per Person) for any registration received after March 10, 2022**

\$_____ TOTAL

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If registering by credit card, mail completed registration form to the VACP office: P.O. Box 29069, Henrico VA 23242, fax it to 804-643-0311, or email it to VACPOffice@gmail.com.

Pre-register by March 23rd. After this date, registration must be done on-site.



**P.O. Box 29069
Henrico VA 23242-0069**



VACP Spring Convention

***April 1-2, 2022
Staunton, VA***

***Register Online at
[www.vapsych.org](http://www.vapsych.org/spring2022)
[/spring2022](http://spring2022)***